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PART 1: INFO FROM THE INTERNATIONAL OFFICE

Arrival form

Please fill in your Arrival Form as soon as possible! You sign up for the Buddy Programme via your Arrival Form.

Orientation on the web

- [Arrival Guide](#)
- [Moving to Malmö](#)
- [Orientation schedule](#)
- [Find Canvas page on the web](#)

Other info discussed

- Orientation sessions are NOT obligatory (but it is recommended that you attend).
- Those of you that cannot attend the Welcome Meeting on 13 January: please attend the session on Monday 23 January. We will go through the practical info discussed in the Welcome Meeting.
- Student Union and Associations organise social activities. Check website for updates in January.
- Arrival day on 12 January is Move-in day 1. Note that on Move-in day 2 on 18 January you are to go directly to University Housing (no Arrival Day at the Student Center on 18 January).
- Next Q&A session is on 3 January. [You are welcome to submit your questions again here](#) (but make sure that you go through all info/resources available to you before you do).

PART 2: Q&A

1. CANVAS

- *I can't find any courses in my Canvas catalog. Could this mean I have to subscribe myself to the course only when I arrive in Malmö?*

You should see your courses in Canvas once you register for your courses.

Registration for courses typically opens one week before the start of the semester and is done through the platform [Ladok](#). You will receive a [welcome email](#) from your faculty with instructions for course registration about three weeks before the semester begins.

2. CONNECT TO OTHERS

- *Will there be a group or way for exchange students to connect online prior to Arrival Day?*
- *Would it be possible to create a chat group with all the Exchange students attending in Malmö during the spring semester?*

You are welcome to use the “Discussions” section on the Orientation canvas page to connect to each other. International Office will NOT be monitoring this section, so avoid posting any questions for us there.

Those of you living at University Housing will be invited to sessions in January and added to a group chat. The housing team will contact you.

3. CHECKLIST FOR ARRIVAL

- *Is it possible to get a short but complete checklist of everything that we absolutely have to make sure is taken care of before arrival?*

There is a check list for new students here <https://student.mau.se/en/new-student/>

Please find a short version for exchange students here below. Do note, however, **that this list is not exhaustive**. Moving to another country to study can be individual. Malmö University is here to help but, ultimately, it is the student’s responsibility to arrange their move. Use the resources mentioned in the beginning.

1. Residence Permit (print out a copy)
2. Insurance certificate (print out a copy). EU citizens don’t forget your European Health Insurance Card!
3. Accommodation
4. Plan travel & Arrival Form (sign up for Orientation & Buddy)
5. Computer-ID
6. Order multocard

Recommended to order the multocard before you come to Sweden. Choose to have it delivered at the Niagara reception, so you can just pick it up during your first week of studies.

7. Read Welcome Letter from the Faculty (will come between 23 Dec – early January)
8. Familiarize yourself with Mau website. Check [Student Web](#), [Moving to Malmö](#), [Arrival Guide](#).
9. Register for your courses (after 9 January, more info in the Welcome Letter)

- What documents should we bring with us?

Examples

- Residence Permit
- Insurance certificate (was sent to you in November)
- EU citizens: European Health Insurance Card
- Passport
- ID card
- Letter of acceptance

4. STUDENT DISCOUNTS

- *Are there any student discount for public transports?*

Your Malmö University multcard **does NOT function** as a valid student identification outside of the university, so you **CANNOT use it to get student discounts**. You will need a Student Union or Mecenat card. Check the following resources: [Malmö University website](#), Canvas page: [Student Discounts](#)

If you take the train from Copenhagen to Sweden: do **NOT** buy a **student** ticket! There is a fine for those who buy student tickets without valid student identification.

- *Does the food available in the universities have a reduced cost for the students?*

Unfortunately, no. But there are several ways to get discounts.

On 14 January there is a grocery shopping tour where we will show you how to find the best and cheapest groceries around Malmö.

The Student Union organizes soup lunches and other activities with student-friendly prices: <https://malmostudenter.se/en/activities/>

Check the following resources: [Malmö University website](#), Canvas page: [Student Discounts](#)

5. HOUSING ACTIVITIES

- *For students who are assigned January 18 move-in dates, will they still be notified/allowed to participate in dormitory activities between January 12-18?*

The Housing Office will only arrange 1 event before January 18, and that event is included in the overall Orientation (Food Tour).

6. MOVE-IN DAY 2: January, 18

- *For students who are assigned a January 18 move-in, does Malmo believe it is worth it to stay in a hotel for January 12-18 and attend the orientation? Or do you recommend just arriving before the start of classes? How have previous students found orientation helpful when it comes to meeting other students?*

The Orientation activities are not obligatory. With that said, we do recommend attending Arrival Day and Orientation.

If you know another exchange student that has gotten a room on the 12 January, you can share it with them until you get yours on 18 January. If you want to do this, you must get in contact with the housing team (housing@mau.se). Note that the housing team cannot provide any additional mattress etc. so you will have to make your own arrangements regarding this.

Another tip is to check the Sofa Project from the Student Union:

<https://malmostudenter.se/en/sofa-project/>

- *I get my accommodation on the 18 th of January, but the course starts on the 16 th, so I arrive in Malmö on the 14th. Is it possible to get accommodation in a student residence between the 14th and the 18th of January?*

Unfortunately, there are no available rooms between 14 – 18 January.

If you know another exchange student that has gotten a room on the 12 January, you can share it with them until you get yours on 18 January. If you want to do this, you must get in contact with the housing team (housing@mau.se). Note that the housing team cannot provide any additional mattress etc. so you will have to make your own arrangements regarding this.

Another tip is to check the Sofa Project from the Student Union:

<https://malmostudenter.se/en/sofa-project/>

- *My move-in day January 18th at Rönne, how do we manage to get our keys?*

On Move-in Day January 18, tenants can collect keys and sign rental agreements at Rönneblomsgatan 11. The Housing Office will send more information on this.

- *Is there a specific welcoming for us even if we are the second move-in day.*

There is only one Arrival Day (on 12 January) and one Welcome Meeting day (on 13 January).

For those who arrive later, we will have a short information session at the International office on 23 January where we will discuss the practical info mentioned during the Welcome Meeting.

There are also some Drop-In hours at the International Office during your first week of studies. Check the Orientation schedule for more info.

Note that the semester start is 16 January. Most courses have obligatory introduction lectures. **If you miss the start of your studies, please note that you are responsible to catch up on your own.**

If you have any questions regarding your courses, contact your faculty coordinator (the person that sent you your letter of acceptance in November)

7. OTHER HOUSING QUESTIONS

- *How can I receive a package to my student housing at Rönngården?*

You pick up your packages at pick-up points near your residence.

Postal Services: There are no regular post offices in Sweden. Instead, you will find Postal Service Points operated by the company PostNord located in many grocery stores and convenience stores, where you can send letters and parcels and purchase stamps. To find your closest Postal Service Point, visit [PostNord's website](#).

- *Nearby Rönngården housing, are there any supermarket or place to do food shopping? Is it within walking distance? Would it be possible to walk some km in the Winter?*

Yes, there is a supermarket called 'Willys' really closed to Rönngården.

It is possible to walk in Malmö in winter.

- *If I give 3 months notice, can I leave my student housing early? It says on the rönngarden landlord website that one must give 3 months (ex. leaving may 31st)*

As stated in your rental agreement, you are required to give **one** calendar months' notice when terminating your rental agreement. Read more here ('Moving out'): <https://mau.se/en/after-admission/choosing-university-housing/staying-in-university-housing/>

Additional note: Those of you living in Rönngården have another landlord (MKB) who might sometimes communicate in Swedish. If you cannot translate the content, you can ask your residence assistant for help.

8. STUDENT LIFE

- *How do students have fun? Are they actually stop studying by 5 pm and prioritize personal life? In which ways?*

In general, life in Sweden is focused on balancing work and personal life. Regarding student life, it may vary depending on the individual. A good way to learn more about this is to join social activities and meet new & current students at Malmö University. The Student Union (and other student organisations) organises several events for students. They are really active in the Orientation so you will get to meet several Student Union representatives in your first weeks in Malmö.

- *Financial matters*

It is possible to open a bank account in Sweden, but unfortunately it can be a rather long process. If you are staying for only a semester, it is recommended that you take care of this matters before you come to Malmö. For example, talk to your bank at your home country and bring a credit card (note that previous students have had problems with using their debit cards.). You can also look into other options, such as Revolut.

Follow the links to read more:

- Financial matters on Mau web: <https://mau.se/en/after-admission/moving-to-malmo/#accordion-38280>
- CANVAS Living costs and finances: https://mau.instructure.com/courses/13352/pages/living-costs-and-finances?module_item_id=428124

- *Furniture*

- Cohabit: pre-loved furniture for rent: <https://cohabit.se/>
- Housing: there is a room on the ground floor where previous tenants have left items that they cannot take back with them. Ask your residence assistant for more info when you are in Malmö.